

PRIDE & JOY

Written by students, for students

School Trips!



Read about the Secondary and Upper Primary educational visits on pages 3-5.

THE LATEST



An Interview with our Head of Schools on p.6



Read all about our basketball wins on p.9



Learn about the history of exams & IQ tests on p.10



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New Year- New Start!

Welcome back to Pride & Joy. We hope you enjoy this first issue of the new year. We've had school excursions, visits from Yangon and fantastic wins so far in 2018.

From Tr. Lori & the News Team.

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School Trip to Kalaw & Taunggyi



Our Secondary trip began early in the morning on Wednesday 31st at 6.15am. We left Mandalay and on our way to **Kalaw** we ate breakfast in **Meikhtilar**. We arrived at Kalaw at 1pm and checked into the beautiful Hill Top Villa Hotel and ate a delicious lunch at the Tu Maung restaurant. After resting for a while, we headed to Kalaw train station which was built a hundred years ago. We also visited a cave called '**Myin Ma Hti**' which is four miles away from Kalaw.

My favourite part of day one was in the evening when we sat near a large bonfire and sang many different songs. Some people even danced around the fire!

On day two, we headed to **Pintaya**. We went to the fascinating **Kon Lon Sayardaw's pagoda**. We also met Teacher Khet's dad, who treated us the most delicious fried tofu and sticky rice. Afterwards we went to the breathtaking **Shwe U Min cave** and **Pone Ta Lote lake**. After our lunch we went to **Taunggyi** and we rested at the Royal Taunggyi hotel for a while before we visited **Htan San cave** which was twenty four miles away.

On the third and final day we were very busy. After breakfast we visited two pagodas. First, we went to a pagoda twenty six miles away called '**Su Na Mu Ni**'. Then we visited '**Mwedawkakku**' pagoda which is one of the largest and most spectacular ancient monuments in Myanmar. There were markets nearby, so we shopped there for a while with our friends.

The last place we visited was **Aythyar wine garden**. The scenery of the garden was very beautiful. After this wine garden we had our lunch in the Classic restaurant and made our way back to Mandalay. We arrived back at 10.45pm after a busy but fun school trip!

We would like to thank our teachers for taking us on this excursion. Thank you!



Maymyo & Roller Coasters

Roger from Year 6 tells us about the Upper Primary's school trip.

This year our class, Year 6, went to Maymyo with Year 5 for a school trip. We went to an Ethnic village and rode a roller coaster! After that, we went to a pagoda to donate money. We also had a delicious meal at December Farm.

Finally we went to Pyin Oo Lwin and celebrated Ricky's 13th birthday. It was a whole lot of fun. The funniest part was when we thought a shop called the 'Ice City' was a snowy place to visit but it turned out that it was an ice-cream shop! Some people were disappointed but I thought it was funny. It was also funny when we were at the pagoda and some students lost their way and had to circle around the temple to find their way out.

I think my favourite part was the bus journey on the way home as we played some marvelous games that Teacher Lori taught us.



An Interview with Mr. Alan

Sanar Y9, and Rachel Y7, take some time to speak to our Head of Schools.

What were your childhood dreams?

When I was young I wanted to become a footballer and herpetologist.

What inspired you to be a teacher?

My love for science and sharing inspired me to be teacher.

How important do you think education is?

It is one of the most important things as well as love and your family.



What other careers have you had in the past?

I have done a lot of jobs involving outdoor pursuits as well as physical and chemical testing in industries. I have also made swimming pools and a lot of other things.

Who are your heroes?

My heroes are Mohammed Ali, the boxer and David Attenborough who is a wildlife conservationist and documentary maker.

What is your favourite past experience?

I have seen the Komodo dragons, King cobras, pythons, fished for piranhas, tracked tigers and jaguars, followed wild elephants, seen Basking sharks, giants tortoises and schools of dolphins.

Now that you are in Yangon, do you miss the Mandalay school?

I do. I miss the Mandalay school a lot and would love to be here.

What message do have for the students here?

My message to the students is to work to the best of your ability. Reach for your dreams ad nothing is impossible.

The sky's the limit!



Plastic Pollution



This month we learnt about plastic pollution and the problems we are facing because of our overuse of plastic.

Did you know?

- Nearly every piece of plastic that has ever been made still exists today as plastic does not break down.
- 8 million metric tons of plastic goes into the ocean every year.
- 92.5% of dead sea birds studied in the pacific had ingested plastic.
- Marine life is critically endangered because of plastic pollution.
- Asia sends more plastic into the ocean than all other continents combined.

What can we do?

- Limit use of plastic bags from supermarkets. Use the cloth recyclable ones.
- Do not use plastic straws.
- Limit use of plastic water bottles. Glass, reusable bottles are the best.
- Recycle and reuse plastic whenever you can.
- Encourage businesses and shops to reduce plastic use.
- Help your local community by educating others or helping organisations such the Mandalay Trash Heroes.

If you have any other ideas on how our school can help with this problem speak to your teachers or student council.

**REDUCE
REUSE
RECYCLE**

Charity

Valentine's Day

Daniel from Y7, informs up about our upcoming events...

Valentine's Day is an international festival that celebrates the feeling of love. Valentine's Day is celebrated each year on the 14th February. Our school Pride ISM, is going to celebrate Valentine's Day too. This year it will be on Wednesday. Our school will have an afternoon party with normal lessons until lunch. We will do a charity cupid delivery service during lessons in the morning. It is also called charity valentine.

I would like to explain about the charity valentines. You can pre-order secret gifts from Year-7 Berry and Year-9 Sanar such as a single rose, small valentine's chocolate and heart shaped messages. You will be able to order these by paying and submitting your order into a secret box on Friday 9th. This is a good way to appreciate your friends, teachers and valentines is to buy these small gifts and let us be your cupid. Then, we will delivered by a cupid during lessons in the morning. The money from these secret gifts will go to treat stray dogs and cats at an organised charity called Royal Heart Charity: Cat Shelter, Dog Shelter and Animal Rescue.

During the afternoon party there will games such as heart basketball, tiny dancers, blind date and performances. The Student Council have asked that everybody wear formal dress and try to wear red, pink or white clothes. We hope that you will enjoy celebrating Valentine's day and the upcoming Chinese New Year with us.



Basketball Champions!

Our basketball team achieved great success in their first two inter-school competitions with AIS and ILBC. Big congratulations to the players of the Pride family. We are so proud of them and we wish that they will have more success in the future.

The first match was against AIS. Reggie scored the most with 19 points.

The whole team (Reggie, Kenneth, Peter Htet, Dave, Peter and Vince) played well and we won 40 /18.

Our next match was against ILBC. Peter Htet was the hero of that day as he scored the most. At first everyone was excited and nervous as ILBC were winning but Pride ISM pulled it back and we won by 47/30. We want to have more competitions with other schools in the future.



Match Report by Julie & Sally Y7



Teacher Chris would like to remind all students about **Football ECA**. Primary is on **Wednesdays at 8am**. Secondary on **Thursdays at 8am**.

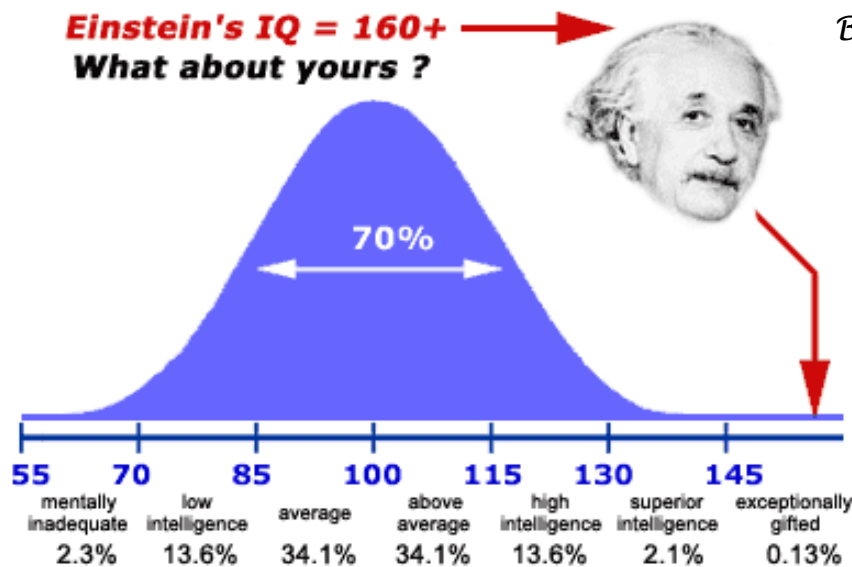


The History of Exams

Nearly every student today has to take examinations and tests. Do you know their history? Well, keep reading and you will find it out!

The earliest record of standardised testing comes from China, which was called the Imperial Examination. The purpose of these exams was to select people for jobs in the government. This system was created in 605AD. Later England, used this system for educational purposes in their universities.

Alfred Binet was the one who invented the IQ test in 1916. These tests are used to measure intelligence.

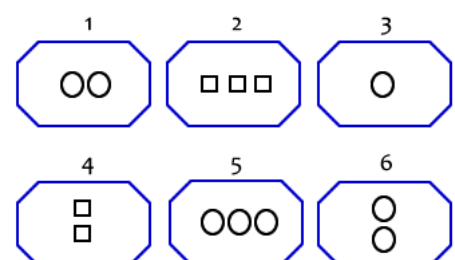
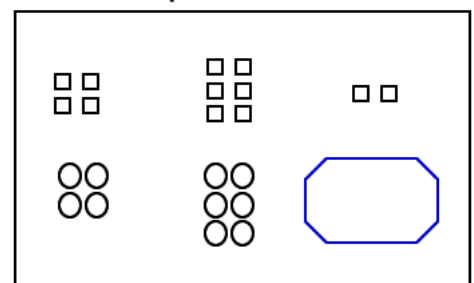


On the right is an example of an IQ test question.

IQ tests measure various measures of intelligence including short-term memory, analytical thinking, mathematical ability and spatial recognition. Like all IQ tests it does not attempt to measure the amount of information you have learned but rather your ability to learn.

But remember, these tests do not usually test for creativity and other valuable skills. Everyone is intelligent in their own way.

Question A



**“EVERYBODY IS A GENIUS,
BUT IF YOU JUDGE A FISH BY
ITS ABILITY TO CLIMB A TREE,
IT WILL LIVE ITS WHOLE LIFE
BELIEVING THAT IT IS STUPID.”**

Albert Einstein



you have the
key
to my
heart. ❤️

The best thing about,
Memories
... is making them

I want your
heart because
you stole mine.

Someone asked
me what I saw in
you to love you so
much, my only answer
was - everything.

Practice
like you've
never won.
Perform
like you've
never lost.

If a hug represented
how much I loved you,
I would hold you in my arms Forever

*Better
an oops
than a
what if*

Just in case
you have
forgotten today:
You matter.
You are loved.
You are worthy.
You are magical.

Give me a kiss and
I`ll serenade you
among the stars.
Give me your love
and I will pluck
each star to set
at your feet.

**Don't
educate your
children to
be rich.
Educate them
to be happy,
so they know
the value of
things, not
the price.**

Dora & Rachel share with us their favourite quotes.



Thanks
for
reading!

We welcome all newcomers to Newsletter Club. If you are creative or enjoy writing or photography, please join us.

Or even if you do not join but want to share something in the newsletter or have some ideas, come speak to us.