

PRIDE ISM TIMES

Written by students, for students

HALLOWEEN AT PISM



THE LATEST



Enjoy our Halloween Party photos on P3-6



Read about the Y7 Pizza Excursion on p8.



Read about the effects of bullying and get some advice on p9.

We have collected some of our favourite photos for you this issue from our Primary and Secondary Halloween Parties.



Our main news team, Jasmine, Berry, Daniel, Jack, Dora and Rachel from Year 8, plus several guest writers.

We welcome new members at any time or anyone wishing to contribute an article or idea.

We hope you enjoy this Halloween party, bumper photo special. We had a hard time trying to choose between the photos because there were so many good ones. As usual, October was another bustling month here at PISM, this issue gives you snapshot of what we have been up to. Tr. Lori.

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HALLOWEEN



This year's Halloween was more spine-chilling and eerier than in previous years. It has been 3 years since we started celebrating Halloween at PISM Mandalay. Students and even some teachers dressed up in scary costumes.

Halloween is celebrated annually on the 31st of October. It is now celebrated mostly in North America and Europe and in some parts of Asia. The festival began as a pre-Christian festival in Ireland, Scotland and England. On Halloween people would do trick-or-treats, costume parties and make jack-o'-lanterns.

Our Halloween Party was held in the Sports Hall with various different Halloween Game Stations. This year, there was also a Haunted House at our school. The Haunted House was organised by the Student Council, Tr. Lori and Tr. Bernadette. Most students said that going into the Haunted House and getting scared by the ghosts and zombies was very terrifying. Some students and teachers even screamed and tried to crawl out. Also, the Halloween decorations were made by the Student Council, art teachers and some other students.

It was very lovely to see little children wearing their ghoulish costumes. We had a great time and lots of fun that day. I am pretty sure that everyone will be looking forward to 2019's Halloween Party.

Reported by Jasmine Y8.





Bubble Race



Zombie Cookies



Pin the Nose on the Pumpkin



Witches' Hats



Halloween Darts



Black Hole

An Interview with our Librarians.

Berry and Jasmine from Y8, interview our primary and secondary librarians.

Shwe Zin



What makes you want to be a librarian?

I got a bachelor in library studies and it is a suitable job for my life career. I like to recommend good books for the students to read.

What's the best thing about being a librarian?

I can read all the books in the library. I want to visit the largest library in Seoul, Korea.

How would you like to improve the library?

I want to add more books like reference books and the newest books. There are still some empty shelves to be filled.

Are there any books you would like to recommend?

Matilda, by Roald Dahl is a great book.

What do you want to say to the students when they come into the library?

Laughs I know students do not listen to me but I would like to say, please be quiet in the library and obey the library rules.

Who are your favourite local authors?

Linkayi Kyaw, Ju, and Tatkatho Hphone Naing. International authors would be, Roald Dahl and Charles Dickens.

Why did you want to be a librarian?

It is my hobby. My favourite authors are Chit Oo Nyo and Myat Than Tint.

What do you think is the best thing about being a librarian?

I can read every single book in the library. I would like to recommend, *Catcher in the rye*, a classical fiction and *Inherit the wind*, about laws and politics.

How do you want to improve the library?

I want to turn it into a digi and for students to follow the library rules.

Myo Ko

PISM Pizza Chefs

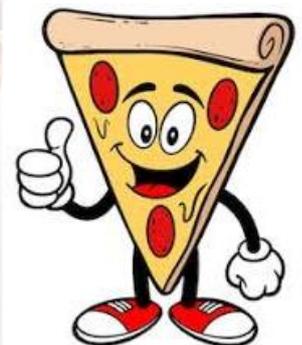


Our lovely Year 7 students visited Central Park Pizza in October.

Earlier in October we visited Central Park Pizza restaurant for a pizza making class. First, we learned how to make the dough with flour and rolling pins. We rolled the dough into a circle then we spread tomato sauce over our pizza base and sprinkled cheese on top. Then we could choose from a range of toppings such as seafood, pork, mushrooms, onions, tomatoes and olives. We took them back to school and ate them, it was a lot of fun. They were delicious.

The best pizza was made by Frankie who made a triangle pizza slice.

Reported by Zuly Khar and Marigold, Y7.





Daniel, from Y8 discusses the impact of bullying and what to do if you find yourself a victim.

Has someone made you feel totally insecure about your appearance or personality? Everyone has probably been bullied at least once in the life time. It is not the best feeling , is it?

It can make you feel very uncomfortable and insecure and can totally destroy yourself life, physically and mentally. There are many types of bullying, for instance, Cyber Bullying (insulting someone in group chat, threatening people online). Psychological bullying (which is being teased a lot or stalked), Social bullying (telling lies or spreading rumours) and Physical bullying. There may be a lot of reasons why some people bully. I think they want to get attention or to make people afraid of them. I also think bullies are usually very insecure people who are jealous of others or are unhappy with their own lives. Bullying can leave long lasting scars on the victims. Some people have even taken their own life due to bullying. That is why it is such a serious issue.

Many people think bullying is tough. Bullying is tough but do you know what is even tougher? Going to the bullies and to say stop. How do we get through to people that pulling someone down won't make you reach the top? It's not funny and it is not a game. They should put themselves in the victims' shoes. I hate bullying and I will do everything I possible I can to prevent it from being a common occurrence. Don't you think it is good to treat others like the way you would like to be treated? Let's fill the world with tenderness, love, compassion, care and sympathy.

IF YOU'RE BEING BULLIED ONLINE



Don't retaliate.
(Often that's
what they
want!)



Save the
evidence.
(Screenshot,
save
messages.)



Tell
someone
what's
happening.



Report,
block,
mute, get
rid!



Remember
the problem
is with them,
not you.

Always tell a
teacher, parent
or adult you
trust if you are
being bullied!

Problem Page



My parents are too strict, they never let me have free time.

Talk to them, explain how you feel and try to come to a compromise. If you study for X amount of time then you can have X amount free time.

Someone keeps sending me nasty messages on social media.

Do not message back! Take screenshots, block or report them. If it keeps happening tell an adult, such as a parent or teacher.

How can I make more friends here?

Try just talking to new groups of people you do not usually talk to. Also, you could join ECAs or other groups to meet new people.

What are the best ways to revise for exams?

There are many different ways to revise for exams such as,

- Make quizzes for your friends
- Make flashcards with important information.
- Use YouTube videos to get additional information.
- Ask your teacher for some extra work.
- Most importantly, do something with your revision, make notes, answer questions etc. Don't just read or try to memorise.
- Revise in study groups with your friends to make it more fun and memorable.
- Also, relax, do your best but do not worry!

Did you know that birds need gravity to swallow?

Birds do not chew as humans do, instead they swallow the food or break it into smaller pieces by using their beaks or talons. They lift their heads



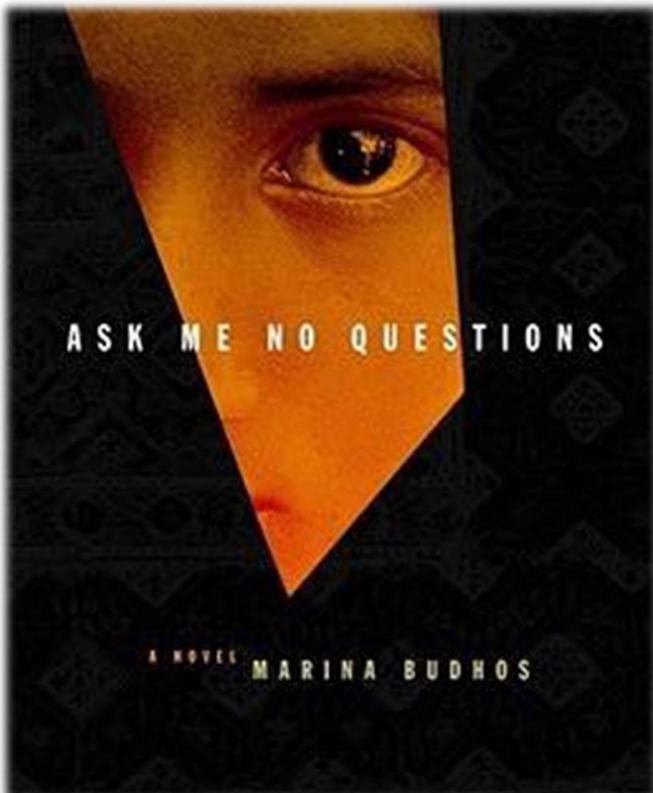
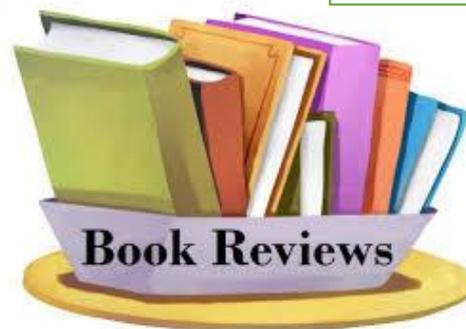
up to move the food to the back of the throat. This is the reason why they need gravity to swallow. If you had brought a bird into the outer space, it will stop eating anything and its beak will just point to the ground. Thus, birds cannot be brought into the outer space where gravity do not exist.

DID YOU KNOW?



Jasmine Yr-8

Reviewed by
Berry Y8.



‘Ask me no questions’ is about a family from Bangladesh who immigrant to the United States illegally. Terrible things happened after the 9/11 terrorist attacks and their lives changed and turned upside down. This book teaches us how important and significant your family is and that you should fight to do what is right, no matter how hard the situation is. I recommend everyone to read this book. You can borrow it in the Secondary Library. I hope you will enjoy it as much as I did.



Thanks
for
reading!

We welcome all newcomers to Newsletter Club. If you are creative or enjoy writing or photography, please join us.

Or even if you do not join but want to share something in the newsletter or have some ideas, come speak to us.